

General Food

	19 Monday	20 Tuesday	22 Wednesday	23 Thursday	24 Friday
BREAK			ARROZ CON LECHE RICE PUDDING GALLETAS CASERA HOMEMADE COOKIE	SPECIAL MENU	JUGO DE MORA BLACKBERRY JUICE EMPANADA DE CARNE BEEF EMPANADA
LUNCH			SOPA DE VERDURAS VEGETABLE SOUP PASTA CON ALBONDIGAS NOODLES WITH MEATBALLS PAN TOSTADO TOASTED BREAD MANZANA APPLE JUGO NATURAL FRUIT JUICE	SPECIAL MENU	CREMA DE AHUYAMA PUMPKIN SOUP FRIJOL Y CARNE MOLIDA BEANS WITH GROUND BEEF ARROZ BLANCO WHITE RICE PLATANO MADURO PLANTAIN ENSALADA CON AGUACATE SALAD WITH AVOCADO DRESSING JUGO NATURAL FRUIT JUICE
	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
BREAK	CHOCOLISTO CHOCOLATE MILK PALITO DE QUESO CHEESE STICK	BATIDO DE MORA BLACKBERRY SMOOTHIE PATILLA WATERMELON MUFFINS MUFFINS	JUGO DE MARACUMANGO PASSION FRUIT - MANGO CHORIPAN CHORIPAN	JUGO DE FRESA STRAWBERRY JUICE PASTEL GLORIA GLORIA CAKE	YOGUR YOGURT MANTECADA SHORTCAKE
LUNCH	SOPA DE FIDEOS NOODLE SOUP CHOP SUEY CERDO, SUKINI) CHOP SUEY (PORK CHUNKS, CARROT STRIPS, YELLOW ZUCCHINI, SOY SAUCE) ARROZ BLANCO WHITE RICE PAPA CRIOLLA ROASTED YELLOW POTATOES JUGO NATURAL FRUIT JUICE	SOPA DE AVENA OATMEAL SOUP ALAS EN SALSA BBQ WINGS IN BBQ SAUCE ARROZ BLANCO WHITE RICE PURE DE PAPA MASHED POTATO ENSALADA FRESCA FRESH SALAD (TOMATO, LETTUCE, GRATED CARROT, SWEET CORN WITH TRADITIONAL VINAIGRETTE) JUGO NATURAL FRUIT JUICE	SOPA DE CUCHUCO DE TRIGO WHEAT CORN SOUP ARROZ CUBANO CUBAN RICE PAPA CASCOS POTATO WEDGES FRUIT JUGO NATURAL FRUIT JUICE	SOPA DE LA ABUELA GRANDMA SOUP LENTEJA CON ALBONDIGAS LENTILS WITH MEATBALLS ARROZ BLANCO WHITE RICE CILINDROS DE PLATANO PLANTAIN ENSALADA FRIA COLD SALAD (LETTUCE, CARROTS, TOMATO) WITH TRADITIONAL VINAIGRETTE JUGO NATURAL FRUIT JUICE	SOPA DE PATACON PATACON SOUP POLLO AL HORNO BAKED CHICKEN PASTA GUISADA STEWED PASTA ENSALADA RUSA RUSSIAN SALAD (MIX, MAYO MUSTAIN, PARSLEY, SABANERA POTATO) JUGO NATURAL FRUIT JUICE

Vegetarian Food

	19 Monday	20 Tuesday	22 Wednesday	23 Thursday	24 Friday
BREAK			ARROZ CON LECHE RICE PUDDING GALLETAS CASERA HOMEMADE COOKIE	SPECIAL MENU	JUGO DE MORA BLACKBERRY JUICE WRAPS DE QUESO Y VEGETALES CHEESE, LETTUCE AND TOMATOES WRAPS
LUNCH			SOPA DE VERDURAS VEGETABLE SOUP PASTA CON SOUFFLE DE CHAMPIÑONES MUSHROOM SOUFFLE PAN TOSTADO TOASTED BREAD MANZANA APPLE JUGO NATURAL FRUIT JUICE	SPECIAL MENU	CREMA DE AHUYAMA PUMPKIN SOUP LASAGNA LASAGNA (WITH CARVE, GREEN ZUCCHINI, YELLOW ZUCCHINI IN SLICES, CARROT, CHEESE, PASTA) PLATANO MADURO PLANTAIN ENSALADA CON AGUACATE SALAD WITH AVOCADO DRESSING JUGO NATURAL FRUIT JUICE
	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
BREAK	CHOCOLISTO CHOCOLATE MILK PALITO DE QUESO CHEESE STICK	BATIDO DE MORA BLACKBERRY SMOOTHIE PATILLA WATERMELON MUFINS MUFFINS	JUGO DE MARACUMANGO PASSION FRUIT - MANGO WRAPS DE QUESO Y VEGETALES CHEESE, LETTUCE AND TOMATOES WRAPS	JUGO DE FRESA STRAWBERRY JUICE PASTEL GLORIA GLORIA CAKE	YOGUR YOGURT MANTECADA SHORTCAKE
LUNCH	SOPA DE FIDEOS NOODLE SOUP ESPAGUETTI CON CHAMPIÑON SPAGHETTI WITH MUSHROOMS PAPA CRIOLLA YELLOW POTATO JUGO NATURAL FRUIT JUICE	SOPA DE AVENA OATMEAL SOUP PIPERRADA PIPERRADA (SCRAMBLED EGGS, WHITE ONION, RED PEPPER, GREEN PEPPER, PARSLEY) ARROZ BLANCO WHITE RICE PURE DE PAPA MASHED POTATO ENSALADA FRESCA FRESH SALAD JUGO NATURAL FRUIT JUICE	SOPA DE CUCHUCO DE TRIGO WHEAT CORN SOUP HUMUS HUMMUS (CHICKPEAS, LEMON) ARROZ CON FRIJOL RICE WITH BEANS PAPA CASCOS POTATO WEDGES FRUIT JUGO NATURAL FRUIT JUICE	SOPA DE LA ABUELA GRANDMA SOUP LENTEJA CON ALBONDIGAS LENTIL CASSEROLE WITH POTATO ARROZ BLANCO WHITE RICE CILINDROS DE PLATANO PLANTAIN ENSALADA FRIA COLD SALAD JUGO NATURAL FRUIT JUICE	SOPA DE PATACON PATACON SOUP SOUFFLE DE QUESO CHEESE SOUFFLE PASTA GUISADA STEWED PASTA ENSALADA RUSA RUSSIAN SALAD JUGO NATURAL FRUIT JUICE

Modified Menu

	19 Monday	20 Tuesday	22 Wednesday	23 Thursday	24 Friday
BREAK			PIÑA, UVAS Y MANGO PINEAPPLE, GRAPES AND MANGO TRIANGULOS DE QUESO CHEESE TRIANGLES	SPECIAL MENU	ROLLOS DE QUESO ASADOS ROASTED CHEESE ROLLS TOSTADA FRANCESA FRENCH TOAST
LUNCH			WRAPS WRAPS (AVOCADO SLICE, SHREDDED CHICKEN, ROASTED TOMATO, GOLDEN QUINOA, CILANTRO SAUCE) AGUA DE VIDA WATER OF LIFE	SPECIAL MENU	MOLDE DE PESCADO A LA CREMA (PESCADO BASA, RODAJAS DE PAPA, SALSA BECHAMEL, QUESO CREAM FISH MOLD (BASA FISH, POTATO SLICES, BECHAMEL SAUCE, CHEESE) MANZANA APPLE AGUA DE VIDA WATER OF LIFE
	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
BREAK	MANGO Y PAPAYA MANGO AND PAPAYA YOGURT DIETETICO DIET YOGURY	MOUSSE DE MANGO Y NARANJA MANGO AND ORANGE MOUSSE QUESO RALLADO GRATED CHEESE	RODAJA DE PIÑA ASADA ROASTED PINEAPPLE SLICE QUESO CAMPESINO CHEESE	PATILLA, MELON, UVAISABELINA WATERMELON, MELON, ISBELINA GRAPE AREPA DE AVENA OAT AREPA	FRESA, PAPAYA, MELON STRAWBERRY, PAPAYA, MELON GALLETAS DE AVENA Y GRANOLA OATMEAL AND GRANOLA COOKIE
LUNCH	FIDEOS TAILANDES (FIDEOS, LOMOS DE PECHUGA, CEBOLLA RODAJA, JENGIBRE RALLADO, PIMENTON ROJO EN TIRAS, CHAMPIÑONES SALTEADOS, ACELGAS JULIANAS, SALSA SOYA THAI NOODLES (NOODLES, BREAST LOINS, SLICED ONION, GRATED GINGER, RED PEPPER IN STRIPS, SAUTEED MUSHROOMS, CHARD, SOY SAUCE) AGUA DE VIDA WATER OF LIFE	LASAGNA AL HORNO (PASTA, POLLO, ZANAHORIA, SUKINI, SALSA BECHAMEL, QUESO) BAKED LASAGNA (PASTA, CHICKEN, CARROT, ZUCCHINI, BECHAMEL SAUCE, CHEESE) MANZANA APPLE AGUA DE VIDA WATER OF LIFE	PESCADO ASADO ROASTED FISH ARROZ BLANCO ARROZ BLANCO PEPINO GUISADO STEWED CUCUMBER, PEAS, WHITE ONION AGUA DE VIDA WATER OF LIFE	PECHUGA A LA PLANCHA GRILLED BREAST CRIOLLAS AL VAPOR STEAM YELLOW POTATOES TORTA DE VERDURAS VEGETABLE CAKE AGUA DE VIDA WATER OF LIFE	CARNE ASADA GRILLED BEEF YUCA VAPOR STEAM CASSAVA POTECAS DE AHUYAMA AHUYAMA POT AGUA DE VIDA WATER OF LIFE